



2023–2024 MASTER’S LEVEL COUNSELING INTERNSHIP

The University Counseling Center at the University of Notre University is inviting applications from eligible masters-level counseling students interested in a clinical internship experience at our center. We have openings for up to three positions in a 20 hour/week, two semester training experience from August 2023 to May 2024. Preference will be given to those who have prior clinical experience and are interested in providing mental health services to a diverse university population.

Training Experience Description

The clinical work at the University Counseling Center occurs within a stepped care clinical model. Interns will provide brief/short-term individual therapy and may also be involved in co-leading groups and workshops as well as providing outreach services to the campus community. Collaboration with a diverse, multidisciplinary staff of psychologists, social workers, psychology interns and psychiatry staff will be an integral part of the training experience. Master’s-level interns will receive 1.5 hours/week of individual supervision provided by doctoral psychology interns under the supervision of a licensed psychologist and will participate in a one-hour/week group supervision with UCC staff.

A typical week will include:

- 8 hours of individual therapy
- 2 hours of drop-in/triage
- 1.5 hours of individual supervision, including video review
- 1 hour of clinical case conference/group supervision
- 1-2 hours of group therapy/workshops
- Varying hours for campus outreach and consultation
- 5-6 hours of case management/supervision preparation

Requirements

Applicants are expected to have a foundational knowledge of psychological theories, psychopathology, and basic psychotherapy skills. Interns must be available for 20 hours during the Center’s hours of operation (8:30 a.m. – 5 p.m. Monday - Friday, with some

optional evening hours). Applicants can expect to accumulate approximately 600 total hours, including 200-300 hours of direct service provision, in this two semester placement.

Inquiries and Application Process

Please contact Dr. Maureen Lafferty at lafferty.3@nd.edu with questions and/or to arrange a phone conversation to discuss this experience.

Preference will be given to applications that are received by **February 15**, and no later than April 30. Interviews will be conducted via video-conference or in person. Offers may be made at any time during the process.

Application Materials Should Include:

- A cover letter describing your interest in and fit with our center, and your goals for the training experience
- A current vita, highlighting clinical experiences and skills
- A letter of eligibility from your Training Director/Coordinator or Program Director as well as a letter of reference from a person who can speak directly to your clinical skills.
- An unofficial copy of a current transcript

Send Application Materials to:

Maureen A. Lafferty, Ed.D., HSPP

Associate Director for Training

University Counseling Center

via email to UCC Office Services Coordinator Rachel King at rking23@nd.edu

For more information about our Center and services, please visit our website at [University Counseling Center // University of Notre Dame \(nd.edu\)](#)